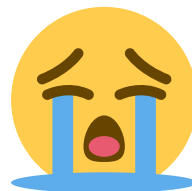
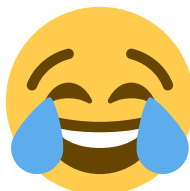
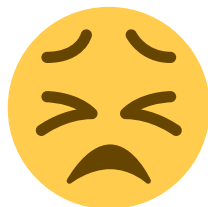
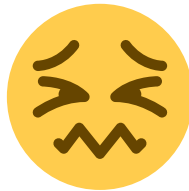
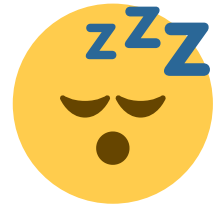
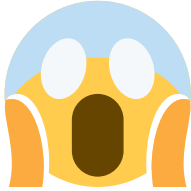
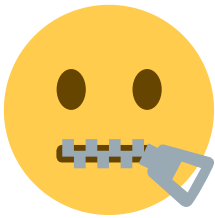


**Can you assign an emotion to each emoji?**





## Examples

ANGRY

INSECURE

ASHAMED

LONELY

FRUSTRATED

CONFIDENT

ANXIOUS

EMBARRASSED

SICK

GUILTY

STRESSED

HAPPY

CONTENT

LOVED

ANNOYED

SCARED

TIRED

HELPLESS

SILLY

DISAPPOINTED

SURPRISED

ANNOYED

WORRIED

HURT

EMPTY

CONFUSED

EMOTIONAL

CHEEKY

STRONG

ACCEPTED

# Activity Ideas

You could cut the emojis out and make a collage with them. Why not add other resources and materials too.

Write names of emotions under the emoji. Just choose what you feel when you look at the image.

Cut the names of emotions out and stick them under the emoji.

Write or draw how an emotion physically feels in your body.

Choose 5 emojis, cut them out and stick them on a piece of paper/in a journal and write or draw a situation or time you felt that way.

Use them to make egg box emotion shakers. See photos in our gallery for inspiration!



REMEMBER THERE IS NO 'RIGHT OR WRONG' WHEN IT COMES TO EMOTIONS AND FEELINGS. WE ALL FEEL DIFFERENT WAYS ABOUT SITUATIONS, IT'S IMPORTANT TO BE ABLE TO RECOGNISE HOW YOU FEEL BEFORE YOU CAN EXPLAIN IT TO SOMEONE ELSE.